

KITCHEN VOLUME CONVERSION AID

1 TEASPOON
5 ml



8 PINCHES



16 DASHES



60 DROPS



1 TABLESPOON
15 ml



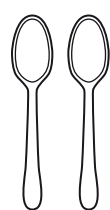
3 TEASPOONS



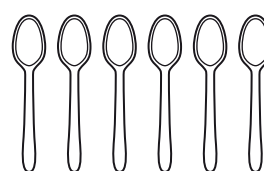
1 FLUID OUNCE
30 ml



2 TABLESPOONS



6 TEASPOONS



1/16 CUP
15 ml



1/2 FLUID OUNCES



1 TABLESPOON



1/8 CUP
30 ml



1 FLUID OUNCE



2 TABLESPOONS



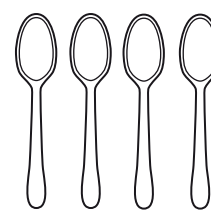
1/4 CUP
60 ml



2 FLUID OUNCES



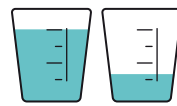
4 TABLESPOONS



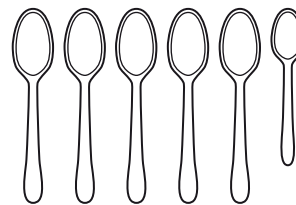
1/3 CUP
80 ml



2 2/3 FLUID OUNCES



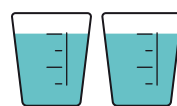
5 TABLESPOONS + 1 TEASPOON



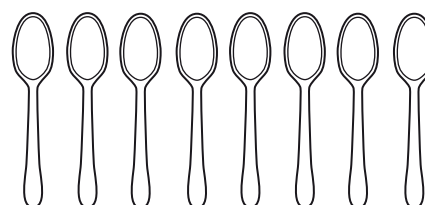
1/2 CUP (1 GILL)
120 ml



4 FLUID OUNCES



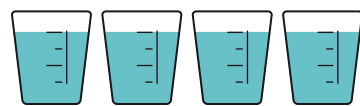
8 TABLESPOONS



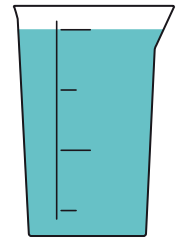
1 CUP
240 ml



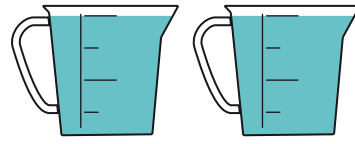
8 FLUID OUNCES



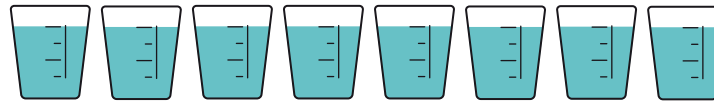
1 PINT
480 ml



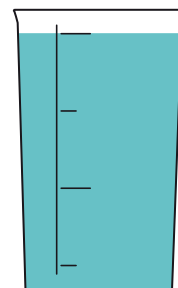
2 CUPS



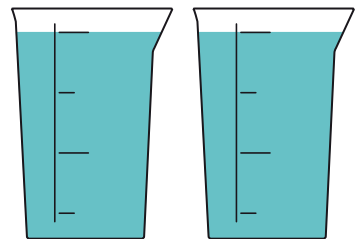
16 FLUID OUNCES



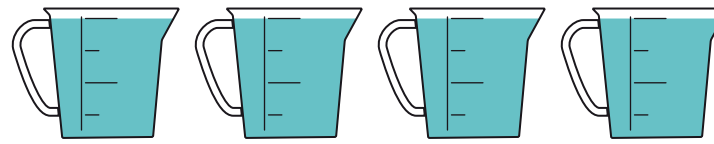
1 QUART
960 ml



2 PINTS



4 CUPS



US	1 tsp.	1 tbsp.	1 fl. oz.	1/16 c.	1/8 c.	1/4 c.	1/3 c.	1/2 c.	1 c.	1 pt.	1 qt.	1 gal.
METRIC	5 ml	15 ml	30 ml	15 ml	30 ml	60 ml	80 ml	120 ml	230 ml	480 ml	960 ml	3.840 l

tsp. teaspoon tbsp. tablespoon fl. oz. fluid ounce c. cup pt. pint qt. quart gal. gallon